

Step 5 Applying the PAT probe



14 Insert the index finger all the way into the probe until you feel the end.



15 Detach and gradually remove the TOP tab all the way out of the probe.



16 Detach and gradually remove the BOTTOM tab all the way out of the probe.

Step 6 Turning ON the device



17 Press the blue button firmly until the "Itamar medical" logo appears on the display.

At the end of a short testing you will see GOOD NIGHT!!!
Time elapsed: hours:minutes
Recording...
You are now ready for sleep.
In case there is a problem TEST ABORTED will appear.

Note: The LCD will turn off after one minute.
Anytime you press on the button the LCD will light up for one minute.

Note regarding the Tamper-Proof Bracelet:

In case you forgot to connect the bracelet and already turned on the Watch-PAT200, you will receive the following message: "Connect Bracelet", "TEST ABORTED".

The device will turn off automatically after one minute.
Verify that you have connected the bracelet properly and turn on the device again.

During the night:
If you need to get up during the night, do not remove the device or sensors.

In case of an irritating sensation on the finger, that you find hard to cope with, remove the device and call the help desk.

Step 7 Next morning

- ▶ The Watch-PAT200 device cannot be turned off.
- ▶ Remove the sensors from your hand, your body and your neck.
- ▶ Disconnect the bracelet from the cable that connects it to Watch-PAT200.
- ▶ Insert all parts back into the Watch-PAT200 case.

In case you used the Tamper-Proof Bracelet

Cut the bracelet along the dotted line using small scissors and insert it into the WP case along with the other parts



Important Notes

The Watch-PAT200 should not cause any discomfort or pain. If you experience wrist or arm discomfort, loosen the strip. If the discomfort is not alleviated immediately, call help desk.

- ▶ Do not attempt to connect or disconnect any part of the unit
- ▶ Do not try to introduce any foreign object into the unit
- ▶ Do not try to connect the Watch-PAT200 to an electrical supply or other device, machine or computer
- ▶ Do not, under any circumstances, attempt to fix a problem yourself

Note: Images in the guide are for left hand; similar attachment should be applied for right hand.

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Caution: Federal law restricts this device to sale by or on the order of a physician.

Step-by-Step Reference Guide



REF OM2193303 REV1

Watch-PAT200

This reference guide will help you use the Watch-PAT200 in your home. It is a quick reference guide to be used after your practitioner has demonstrated how to wear and operate the device.

Before applying the Watch-PAT200

- Remove tight clothing, rings, watches and other jewelry from your non-dominant hand
- Make sure fingernails of the index and ring fingers are short.
- Remove nail polish and artificial nails

Do not put on the device or activate it before retiring for the night.



The carrying case contains

- This reference guide
- Device with PAT probe
- Oximeter sensor
- Snore and Body position sensor (optional)
- Tamper-Proof Bracket (optional)
- Cable for Tamper-Proof Bracket (optional)
- A-ON Button
- B-Oximeter
- C-Snore
- D-Body Position
- E-PAT probe
- F-Tamper-Proof Bracket
- G-Cable for Tamper-Proof Bracket



Step 1 - Optional

Applying the Snore and Body Position sensor



1 Thread the Snore and Body position sensor through the sleeve of the pajama up to the neck opening.



2 Peel off the paper of the Snore sensor (small round sticker). Attach the Snore sensor to the base of the neck.



3 Secure the Snore sensor in place with medical tape.



4

Hold the paper tabs on the back of the Body Position sensor. Pull the paper tabs all the way off the Body Position sensor while placing it in the chest bone.



Placement of Snore and Body Position sensor on male
Placement of female locate sensor above breast.



5 Apply the device on the non-dominant hand. Place the device upside down on a flat surface. Insert wrist and close strap. Do not close wrist strap too tightly.



Step 2

Applying the Watch-PAT200

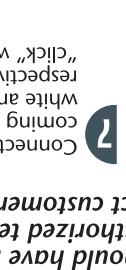
Note: It is best to apply the Snore and Body Position sensor with the aid of a mirror.



Step 3 - Optional

6 Verify the cable with the red and white snaps is well connected in the Watch-PAT200 socket.

7 Connect the white and red wires coming out of Watch-PAT200 to the white and red snaps of the bracket respectively. Make sure you hear the "click" when closing the connector.



Step 4

Applying the Oximeter



8 Peel off the paper half way - up to the two notches.

9 Place ring's fingertip just before the two notches. Fold the side flaps.



10 Fold the top flap over the finger.



11 Fold down the side flap.



12 Gently wrap the long flap around the finger (not too tightly)

13 Proper placement of the Oximeter: Ensure that the "dotted line" is located at the tip of the finger.



13 Proper placement of the Oximeter: Ensure that the "dotted line" is located at the tip of the finger.

Connecting the Tamper-Proof Bracket

Note: If you don't use a bracket skip to step 4 your hand by an authorized technician, if not please coming out of Watch-PAT200 to the white and red snaps of the bracket respectively. Make sure you hear the "click" when closing the connector.



10 Fold the top flap over the finger.



13 Proper placement of the Oximeter: Ensure that the "dotted line" is located at the tip of the finger.